

Dance & Shout

Artist: Shaggy

E-Z Intermediate 1 ROUTINE (pop music)

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The Sequence

ENTER A B C D(2—turns) A B C D(4 turns) C D A B B C EXIT

THE SECTIONS:

A
 2 Basics
 1 Triple
 1 Rocking Chair
 1 Chain (face back)
 2 Basics
 1 Triple
 1 Rocking Chair
 1 Chain(face front)

B
 1 Turkey
 1 Fancy Double
 1 Turkey
 1 Fancy Double

C
 Black Mtn. Step
 2 Stomp Double (to back)
 Black Mtn. Step
 2 Stomp Double (to front)

D
 (1-2) Full turn
 (3) hand up
 (4) Touch floor
 (5) Look up
 (6) Hand on knee
 (7) Roll head
 (8) clap

THE STEPS:

(Read each step from the bottom)

2 Basic Triple	Rocking Chair/ Chain	Turkey/ Fancy Double	Black Mtn Step	2 Stomp Double
8 S	8 S	8 S	8 S	8 S
& R	& R	& R	& R	& R
7 S	7 S	7 S	7 S	7 S
& D	& R	& R	& D	& D
6 S	6 S	6 S	6 S	6 S
& D	& R	& D	& R	& D
5 S	5 S	5 S	5 S	5 S
& D	& D	& D	& D	& D
4 S	4 S	4 S	4 LIFT	4 S
& R	& R	& R	& HL	& R
3 S	3 S	3 S	3 TIP(1/4 L)	3 S
& D	& D	& D	&	& D
2 S	2 SL	2 S	2 HL	2 S
& R	& Lift	& FLAP	& HL	& D
1 S	1 S	1 HL	1 S	1 St
& D	& D	&	& D	&
L R	L R	L R	L R	L R

INSTRUCTORS: If you don't know how to read my my method of note writing, don't panic! I will be happy to help you!!!

D = Double (like shuffle in tap)
 S = Step
 R = Rock (like ball in tap)

SL = Slide
 ST = Stomp
 HL = Heel

Tip = Tip of toe