

Bring in Da Noise

From the CD: No Strings Attached
JIVE #01241-41702-2

Artist: NSYNC

Low Intermediate ROUTINE for TEACHERS CLASS

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The Sequence

A B C A D A B C A D 1/2B 1/2C A A A BEND DOWN HAND UP(WHAT!)

THE SECTIONS:

A

4—Wave & Twist
Back up—come on come on
Forward—raise roof
Step left & clap
Step rt & clap

B

4 Turkey
4 Stomp double

C

Drag
4 basic (turn to back)
Drag
4 basic (turn to front)

D

Duck Duck Goose
4 Basic

THE STEPS:

(Read each step from the bottom)

Turkey

4	S		
&			R
3	S		
&	D		
2			S
&	FLAP		
1	HL		
&			
	L		R

2 Stomp Double

8		S	
&	R		
7		S	
&		D	
6	S		
&	D		
5		ST	
&			
4	S		R
&			
3	S		
&	D		
2		S	
&		D	
1	St		
&			
	L		R

Drags

8		S	
&	DR		
7	S		
&		DR	
6		S	
&		D	
5	S		
&	D		S
4			
&	DR		
3	S		
&		DR	
2		S	
&		D	
1	S		
&	D		
	L		R

4 Basic

8		S	
&	R		
7		S	
&		D	
6	S		R
&	D		
4		S	
&	R		
3		S	
&		D	
2	S		
&		R	
1	S		
&	D		
	L		R

DUCK DUCK GOOSE

8		S	
&	R		
7		S	
&		D	
6		LIFT	
&	BO (TOG)		
5	BO (TOG)		
&			
4	BO (APART)		
&	BO (TOG)		
3	BO (TOG)		
&			
2		S(OUT)	
&		D	
1	S		
&	D		
	L		R

INSTRUCTORS: If you don't know how to read my method of note writing, don't panic! I will be happy to help you!!!

BO = Bounce
D = Double (like shuffle in tap)
HL = Heel

S = Step
R = Rock (like ball in tap)
SL = Slide

ST = Stomp
TOG = together